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Life Stories Interview

FEATURING:

Introduction

Today's Date: _____

Full Name (including maiden): _____

Birthdate: _____ Birthplace: _____

Parent's Names: _____

Maternal Grandparent's Names: _____

Paternal Grandparent's Names: _____

Sibling Names: _____

Your Children's Names: _____

[INSERT PHOTO HERE]



Childhood

How would you describe yourself as a child? What brought you the most happiness? In what ways did you struggle?

Describe a memory, a small moment, from these years that stands out in particular.

What was your relationship like with your siblings? What did you do for fun together? How's your relationship with them now?

Describe your Mom.

Describe your Dad.



Teenage Years

What were your teenage years like?

What did you do in your free time?

Describe a person or an event that really stands out in your memory as having a big impact on your teenage years.

What was your relationship like with your parents during this time?

What were some of things you dreamed about for your future?



Young Adult

Did you go to college? If so, where? What did you study? What were college years like for you?

Where did you live when you first moved out of your parent's house? What was that new independence like for you? Did you ever feel homesick?

What was your first *real* job after you finished your education?

How would you describe your twenty-something self?

How do your current beliefs and values differ than the ones you held back then?

Marriage/Relationship

Describe a love of your life, past or present, and how that person has impacted your life.

How did you meet? How did you know it was true love?

Describe a special or funny memory with this person.

What has been the greatest challenge for you in a committed relationship?

From what you know now, what advice would you give to younger couples?

Parenthood

Describe each of your children (include their name and birthdate). What makes you the most proud of each one?

What has been your greatest joy as a parent?

What has been your greatest challenge?

What are your hopes for your children? What would like to say to them?

Career/ Life's Work

What was/is your main career emphasis?

How did having kids affect your career? Did you return to work? If so, how did you juggle things? Or did you choose to leave a career and stay home with your kids? If so, what was that like?

If you could, what would you have done differently?

Describe an accomplishment of which you'll always be proud.

What do you still dream of accomplishing?



General

What are the greatest life lessons you've learned so far?

What are you most concerned about these days?

What would you like to share about your faith? How has it helped guide you through your life?

How have things turned out differently than what you'd imagined?

Got a favorite joke?

Did You Know?

List ten facts about you others may or may not know.

1.

2.

3.

4.

5.

6.

7.

8.

9.

10.

What Else?

A series of horizontal lines for writing, consisting of 25 evenly spaced lines.

What Else?
